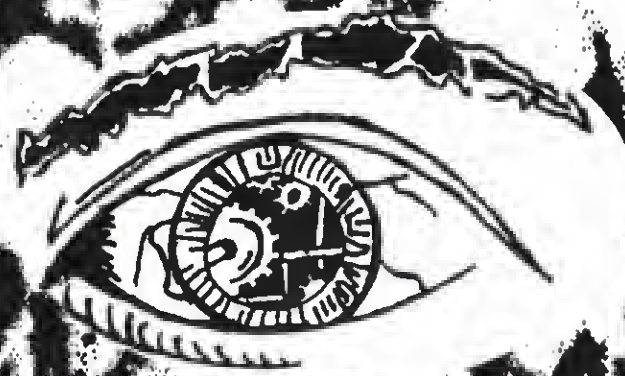




ISSUE

# 4



INSIDE:  
WICHITA ANIMAL  
RIGHTS ACTIVISTS  
FOOD NOT BOMBS



FREE THOUGHTS  
1329 BAKER  
WICHITA, KS 67212

SEND TO:

Four horizontal lines for an address label.

# WHAT IS FREE THOUGHTS?



contributors:

justin

raven

and i

mike

jaak

cover by

✱ justin ✱

first print run

50

thanks:

ryan & jaak

ashley

the kids who

put on the

DAMAD show

the AGENCY

and my dad

for letting me

use his com-

puter.

summer '98

## *an introduction:*

Ahoy! Here I am again with yet another issue of Free Thoughts. The more zines i do here the better i get at doing them. This zine is focussed mainly around the wichita area to tryand build more of a movement here. In another year and a half or so i will hopefully be leaving this hellish place and it would be nice if keep happening here (ifthey ever start). Im going to tryand focus this issue mainly at all of you "punkrockers" i see around town. I think you all know who you are. You kids that trucka round with mohawks and spikes and safety pins randomly thrown on your attire. Ive been seeing plaenty of you around and I think its about time for you to figure out what kind of movement your getting into. and if you already know then it s about time for you to takesome action and show this movement you're a part of it! so these pages are dedicated to you and i hope that you will get something out of them.

Im still looking for a specific pattern or way of doing things in here. I'm also hoping to find a specific attitude to put out inthese pages I am beginning to become dissappointed with Free Thoughts since it is all just a random mess of rants and ads. I

## UNTIL NEXT TIME...

AND YET ANOTHER ISSUE OF FREE THOUGHT S HAS BEEN COMPLETED. YES WE KNOW THAT THIS ISSUE WAS SHORT BUT WE WERE IN A BIT OF A HURRY TO GET IT OUT. WE HAVE SET NEW GOALS TO TRYAND START PRINTING THIS ZINE ON NEWS PRINT. AS A RESULT OF THIS DECISION WE MUST START SELLING FREE THOUGHT S AND EVENTUALLY CHARGING FOR ADS. THE NEXT ISSUE SHOULD BE OUT AROUND THE BEGINING OF AUGUST. WE ARE GOING TO WORK LONG AND HARD THIS SUMMER TO CREATE AN UNBELIEVABLY GREATY ISSUE FOR THE NEWS PRINT. ANY DONATIONS THAT WE COULD PUT INTO THE PRINTING WOULD BE APPRECIATED. WE WILL PRINT ARTICLES, USUALLY, THAT PEOPLE WRITE SO FELL FREE TO SEND US ONE OR TWO. AND AGAIN WE LOVE LETTERS AND FEED BACK SO GET IT THIS WAY. UNTIL NEXT TIME KEEP IT ACTIVE AND ALIVE. ✱

**DEADLINE FOR ISSUE**  
**#5 IS JULY 1ST.**

WRITE TO FREE THOUGHTS AT:  
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OR E-MAIL: justin @shiney.com



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WE RUN A SMALL DISTRO HERE THAT SELLS PATCHES, SHIRTS, ZINES, RECORDS, TAPES, AND BUTTONS. FOR A COMPLETE CATALOG PLEASE SEND TWO STAMPS TO US HERE AT FREE THOUGHTS. HERE IS A SMALL SAMPLE OF THE PATCHES WE CARRY. THEY ARE AVAILABLE FOR \$.75.

## FUCK COLUMBUS DAY



know that I dont enjoy reading zines as much if they are like that so why should i keep doing mine that way? I'm going to try some things in this one that you may see in the next issue and you may recognize some things from the last issue. so heres #4,

enjoy it, hate it, hate me, hate life, kill yourself. ☒

## ads

ads are free but donations are much appreciated. the size of your ad depends on space available unless you specify a size.

## WHAT IT IS:

Free Thoughts is a zine and distrobution currently run by one person, myself. I am working my hardest here in wichita to build up a more solid punk movement. for thsoe of you who have never been here we have very few active punks (like 2 or 3) and few in-active punks. i I would like to see more direct action happen here but it is hard to do with such few people. in an attempt to build a movemant here i how to get enough people involved to actually improve the community. I would like to see many things happen here sucha s more shows, pic-nics (whichi may do this summer), and hopefully some other organizations start up like Food Not Bombs, ARA, etc. the scene in wichita is not a jumpin' one and i have started Free Thoughts here as an attempt to improve it. (it has grown drastically in the past few years so we're getting somewhere) ☒

HERE IT IS KIDS, GET WHAT YOU CAN OUT OF IT!



# COLUMNS

by Justin

some times i stop and think, "why do I bother?" Why do I bother to try and create any thing here? What difference will it make to me whether or not things happen here? It seems to be one of those things i feel responsible for. building a movement of justice, autonomy, and peace. I feel it is my duty to build it here. why? Who knows, but no matter how sick and fed up with morons around here i get i still feel like I have to do this for them, or is it for me? Day after ugly day i have to hear about the massive amount s of nothing that happens here. I get to see all the little fuckers that hangout down town and do their drugs everynight and look around for something to fuck. And this is

all i have to with no brains shit like "punk is me when they and then they ugly coffee good fuck. And shits im making try to put my skills to good

fucking kidding. some day i'll get out of htis hell hole and do some cool stuff but it looks like i'm going to be here for a long time. quite a few people have told me i will accomplish many things as soon as i get out of here. who can tell? For all i know i could be too scarred with the whole movement to do anything. But if those people are right i cant wait to get out of here and get the chance to work with real activists and not some



work with. kids who stop to yell still alive!!!" at see me walking stumble into the shops to find a these are the patches for?!?! screen printing use but I was just

THERE'S NO DIVERSITY WHEN NO SHOULD HOLD IN BINDS  
BUT A CHANCE TO DESTROY WAS THE PLOY ALL ALONG  
THE ANSWER TO CANCER DID IT RIGHT NO IT'S WRONG  
THE LOOK OF THE MOTHER RAPED OUR LIVES TO SIN  
NO FUTURE NO LOVE NOW WHERE WILL IT END?  
NO MORE ROMANCE AS MANKIND BECOMES EXTINCT  
LED BY THE SOLDIERS, CLONES SO DESTINCT  
THE FACELESS ENSEMBLE MUST KILL FOR THEIR RIGHTS  
AN ENDLESS FIASSCLE THAT BURNED THROUGH THE NIGHTS  
NO MORE LABOR FOR THE COMMON MAN WAS GREAT  
PUSHED FROM HIS LIFE THE ANGER BECAME HATE  
RUNNING FROM THIS DANGER, THE SYSTEM HAS DECIEVED  
BLAME ALL YOU WANT, BUT WAS US WHO BELIEVED  
CLONING IS DEATH AN UNSIGHTLY BLANK STARE  
BUT INTHE NAME OF SCIENCE, FOR MONEY WHO WOULD CARE  
WE FALL VICTIM TO THE FINAL BREATH OF LIFE  
AS ANGELS BLEEDING MANKIND BENEATH THE KNIFE  
WORLD WAR THREE WAS MUMBLED BYA NO OLD MAN  
WHO PASSED ON THE STREET MOTHER NATURES LAST STAND  
THOSE WHO WALKED BY "IN FEW IT WAS FOR NOW"  
THE RICHAND ELITE GOT RICHER SOME HOW  
SLAVERY A KIN RISES FROM THE GRAVES  
REACH UPONED FACELESS MEN WIHT NO SOULS WHO SAVES?  
ASK THE MEN THE DIRT RATS, POVERTIES FIGHT HAND  
ASK THE CHILDREN WHO CRY LONELY IN THE SAND  
THE TRUTH THEY SAY AS WE KNOW IT TO BE  
THERE IS NO FUTURE FOR YOU AND ME  
IN PAIN THE OLD MAN ROLES OVER AND MOANS  
"WORLD WAR THREE WILL BE FOUGHT BY CLONES"

# FREE THOUGHTS POEM OF THE ISSUE

WE ARE NOW SELECTING A POEM FOR EVERY ISSUE SO START SENDING THEM IN

by raven

ANOTHER A CHILD IN LOVE WE BLEED  
LOST IS NATURE, THE GLORY OF THIS DEED  
MOTHERS EYES FULL OF HATE  
FATHER WHO'S GONE, WORKS FOR THE STATE  
THE CRIMSON HORIZON EVIL ON THE RISE  
WE FEEL SUCH SORROW, YET DREAD THEIR LIES  
THEY TALKED OF FREEDOM, FREEDOM TO GO  
BUT ALAS IN HORROR THE TRUTH WE KNOW  
A WEAPON SO EVIL TO DESTROY WAS BUILT  
MASS CONTROL AS NATURE DOES WILT  
NO MORE MIDDLE CLASS WAS A DEVILOUS PLAN  
NO MORE JOBS IN THE RUINS OF A LAND  
THE PEOPLE WERE POOR AS POVERTY CREEPED BY  
NO REASON TO LIVE TOO MANY TO DIE  
THIS NEW LIFE, BRAINLESS AS THEY WERE  
A WAY TO MAINTAIN AND STEP ALL OVER HER  
THE CHILDREN NO FUTURE NO HOMES TO BUY  
SITTING IN THE SANDBOX SO LONELY THEY CRY  
WAR WAGES AS FACELESS SOLDIERS ATTACK  
MEN BUILT FROM SCIENCE LED TO IRAQ  
NO MORE REASON TO PITY THEIR LOSS  
NO MORE MEDIA TO SPEAK OF THE COST  
THE FACELESS AVENGER THE DEVILS OF NIGHT  
HAVE BEEN CREATED TO DO NOTHING BUT FIGHT  
THEIR KNOWLEDGE IS NOTHING AS CONTROLLED AS THEIR MINDS

shitty excuses for some. When we actually got going on the active movement here, we were having meetings and we held a couple protests, but when i got lazy and pissed at a few people everything fell apart and it all went to shit. But I did as i could. So much for the activists i'm working with. ✖

by Justin


So here i am sitting class rotting all to hell. "I can't wait till lunch to get something to eat... but wait, i can't eat animal crackers again today. They're starting to just taste like cardboard. man fuck! I wish somebody around here cared enough to help a vegan eat decent."

a thought i pondered today. Workers unions are around to help the workers get their rights and all that other shit. so what about a student union you could join to help bring students rights into the schools? is it not my right to eat healthy and animal free? i do believe it is, so i feel that schools should provide kids with such a choice of meals. they claim to care so fucking much about their students why dont they care about their health. my school has even wrote articles in the school newspaper about how much healthier vegetarian and vegan diets are. so what else could a student union do? Help stop discrimination

against certain students and help keep school policy fair. if i didn't want any rights i would have gone off to some shitty catholic school or something. Every day kids all over amerikkka are being caught up in administration wars. what can they do? Who can they turn to? A student union? Possibly. I feel I may be onto something here so please send correspondence about this. ✖



Because you are not a groupie



**SELF-DEFENSE #3**

more a matter of rental defenses than anything...part personal stories and observations, part essays and activism...columns etc...interviews with Pitman Union, Chickita, Lullaby for the Working Class and Exane Cerverka and Proudentall


\$1 ppd  
Marissa  
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wichita, ks 67208  
always? or

1934 Alabama  
Lawrence, ks 66044  
crru July '93

Right now, a case is being heard about some kid in derby, kansas drawing a confederate flag on a desk or something. the school system wants to have the flag eliminated and the kid expelled. which could be good. not only is this case a big deal, but it's going to the supreme court of kansas. The ugly thing about this is the fact that I'm being punched at school, while the school is board is making such a big deal ove ra student drawing cofederate flags on his desk. While I worry wether ornot this kid is going

Maybe about five including myself. When i told other people about the group they wanted me to call them about meetings, give them rides, and whatever, if they were interested they know my phone number and can call, but didnt. After the group was started people seemed to lose interest. I feel like i have to beg for help. I have already tried to go out of my way to include people only to be sevierly dissapointed. okay, I got off the subject.

I'm



not sure, people keep saying but aren't actually "involved" anything. I realize that I am founder or president or ever but that doesn't mean of everything. Sorry, i'm repissed about the current of the group. the question but no more

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## WICHITA ANIMAL RIGHTS ACTIVISTS

*The Wichita Animal Rights Activists (WARA) is a group of younger people here that are fighting for the liberation of animals. The group was formed sometime in march of '98. They try to meet occasionally and invite anyone who is interested. The following is an interview with one of WARA's founders, Ashley Lida.*

**T**o start with why don't you explain abit about what WARA is and what it is doing.

Wichita Animal Rights Activists is a group I started to organize efforts to stop cruelty to animals. We stress vegetarianism and veganism quite a bit. I felt there was a need for such an organizationsince there wasnt one existing in wichita already. I thought it was sad that the biggest city in the state didn't have an animal rights group.

**What is WARA doing right now?**

As of now we have put a petition out in the high school I am attending asking for support in eliminating dissection out of the curriculum. In the very near future I will be meeting with the principal of the school to present our request. I want to be able to offer to put on a fund raising event to put the benefits to buying new equipment if the principal agrees to the request. I wanted to put on a show but dont know how to go about it, and I dont have any help.

**How did you become involved with WARA?**

Well, knowing that over half of my friends give a shit, or say they do, about animal rights I thought that a group would give us a chance to work together. so, I started WARA. It's pretty sad, people say that they are all behind the group and what to support it, but I end up doing everything.

to do something worse to me, the school board is paying hundreds of dollars for court fees. More importantly, the teacher who witnessed the whole punching ordeal could have done/ said something. So instead of wasting time on something unimportant, they could be improving the safety of students. The nazi fuck deserves even more a punishment than the kid in derby. Also, teachers and administrators always say that a students safety is most important. If that was true, the teacher would have done something about me getting punched. and nazi boy wouldn't have gotten away with what he did. ☒

by jaak

Man I fucking hate gangsters. I'm seeing them alot these days, considering how the midwest is infamous for catching up to the east/ west coast scenes a few years after the fact. when i have to see the word "GANGSTA" spelled that way in a small town newspaper and in the mouths of politicians, things have gotten out of hand, and it really isn't cool. I get along suprising ly well with the self proclaimed g's in my day, only because I wore my politclis on my sleeve and spoke out about alot of shit they too hate. But what is this i see before me? 11, 12, and 13 year old white trash little demons with dicks and guns terrorizing my friends? thinking they are "hard"? Real fucking hard kid. why dont you blow off your first pubic hair with your 9mm.

After living in more or less a ghetto and getting jacked by what i consider a whole different breed of human, seeing little kids imitate what they tink is cool is so very disheartening. and it has nothing to do with race or class, its all about "bein' hard" in a city where theres really nothing to "be hard" about. I cringe everytime i see a pimply little faced scrawny highsheel kid in his lowrider booming "Bitch Slut Ho Trick Cap Yo Ass Nigga Fuckin Motha Fueka Bitch" And its getting worse. Everytime i see some little assholestruttin his nike gear i wish i could transport them somewhere smack dab in the middle of

south central LA of Oakland. see how long you last you weak shit. it saddens me also because i know we are the way we are for many of the same reasons, both must do what ever they can for survival in their worlds, both (usually) hate and despise "The Man", both want better for ourselves. spoiled suburban small town hood rats are such poor excuses for humans it annoys me that i have to encounter them in my life, defend who i am and why i do what i do, worry about some kids i used to baby sit gang raping me. I'd probably be bringing a gun to school myself if i was still a prisoner of the Unified School District, but luckily i've had the opportunity to experience a little harsher reality. Racist hypocrisy rearing its ugly head, self destruction. the 2nd time i was jumped by a complete stranger he and his buddy kept calling me "white bitch" as if to take out there anger on a Tool of the Man, eyes blood shot from crack use, whipping out his weapon in my face. I almost started to tell him about the same company logo he wears so proudly on his clothes (nike) is responsible for sweatshop migrant- factories where a white man, no doubt, holds the upper hand. That is why i think, i used to get along with gangsterkids. but i'm glad i didn't because then i wouldn't have had the chance to experience a second blow to my dreams and unity, i ran to a nearby burger king with the guys chasing me, and the woman behind the locked doors refused to let me in, asking her co worker what she should do, as i was screaming at her these guys were to fucking rape me, she REFUSED TO LET ME IN BECAUSE IT WAS A ROBBERY SET-UP. This is the world we live in. A few days later she must have remembered the phone number she dialed for me after i insisted not to call the cops, but i let her sweat it out. Just like i have to sweat out the fact that this is what now exists on the planet. ☒

---

by Mike

So, this being my first column here in Free Thoughts I'm

hope. Wichita has always, i believe, been a town with potential.

Another reason for why Wichita doesn't have a FNB chapter may be the division in the "activist community" in Wichita, or the people that would like to see a chapter start up. Which is kind of sad really because people seem to have the same basic goal...

how much do you feel we need a Food Not Bombs on Wichita?

FNB is an example of direct action; seeing a need and not just complaining but doing. Even nationally FNB has somewhat of a problem with people verbally supporting FNB but not taking any action to back up that support. So those individuals in Wichita who truly want a fnb chapter need to put aside their differences and communicate and work together. Of course this is much easier said than done... Also, I think that there should be a sort of "membership drive", FNB is a great organization for the involvement of all types of people, not just the local punk kids. Approached intelligently, so to speak, a lot of people would see the benefits, great aspects of FNB and would be interested in helping out.

**how many people are generally involved in a chapter?**

As many as possible. it varies as much as the cities and towns do. For example in San Francisco, hundreds of volunteers keep their chapter going while in a city the

size of St. Louis only a few people attempt to do what they can. In Seattle there seemed to be about fifty or so members, while in Detroit there were maybe ten with a larger support base. That's all the FNBs that I've visited and each one is run in its own way, suitable to the environment, as best as possible with the materials/people available.

In Lawrence there are maybe five core members who go regularly, three of those five are there almost every week. However, it is a community effort and a lot of people can be called on to help out.

The more people involved the more a FNBs can do.

**Could you give just a brief summary of the history of FNB**

Food Not Bombs originated in Boston in the early eighties. It was a result of anti-nuclear protests. FNB focused on the reality of how wasteful and unnecessary spending money on bombs etc. by the government is. It calls attention to the basic needs of food and shelter as truly deserving of the government's time and effort. soon after FNB forms groups started up across the country and eventually all over the world. They are all autonomous and again, volunteer run. Completely non-profit, non-commercial and very political. However, to be in FNB you don't have to have any certain beliefs about anarchy, christianity or whatever. you just have to help work toward the goals of the group. ☒



# FOOD NOT



# BOMBS



*Summer is here and the homeless are back to the streets. It is time to take to the streets to help these unfortunate. in previous issues we have advertised and wrote about food not bombs in an attempt to help get others intrested. our rcrys were never answered now is the time to answer them and show you care.*

*Food not bombs in Lawrence has been in a wonderful state for years. Joining us here in wichita throughout the monthe of september will be Marissa Johnson, on of the volunteers for FNB un lawrence. She will be concentrating her efforts to help get a chapter going here and i encourage all of you to get in touch so she will have a strong force to work with.*

**I guess for starters I would like to know what exactly Food Not Bombs does.**

Food Not Bombs is an all volunteer run organization that is dedicated to nonviolence. It shares vegetarian (often vegan) food to the hungry and protests war and poverty. FNB has no formal leaders and strivces to incluyde everyone in its decision making process. Th efood that is served is in a large part food that would otherwise be thrown out. Usually food is served along side a

table covered with free literature, mostly political in nature. For the dual purpose of communication and education. The number of servings a week that a FNB chapter offers varies, but most often at least one meal a week and serve at varios political events.

**where does the food come from?**

As i mentioned before, as much as possible FNB chapters prepare meals with food that would otherwise be thrown out. Mostly restaurant and bakery leftovers that are perfectly good for consumption but arent considered sellable by the business involved. Also, FNB chapters use donations from the community, both monitary and food ones, all to prepare a meal at minimal expense.

**how about money**

FNB is always collecting donations, Any money raised goes towards cop-ies, food,cooking equipment, registrationat events, etc. However money is a minor concern of FNB.

**Why do you feel that wichita has had such a problem with starting a chapter?**

Probably for alot of the same reasons that wichita has creating any sort of "scene". For one, people who are productive tend to leave as soon as they get the chance. But thats not to say that there is no

making it clearant right away that I intend to use the term free thoughts as sharply as I can. im an over- opinionated person who vents things on paper. i don't believe in utopia, i believe in extinction. i dont like women especially and im vcrly over-extrident about my beliefs. im vegan and i dont work. im a lazy pot head who has nothing better to do than write super long cplumns on this regurgitated tree bark. i am a hypocrite, so are you, if you deny it your just as benign as the people who oppress you. so heresmy intro you know who ia m now. dont expect me to ever apologize for my thoughts and emotions. dont expect me to take the liberal stance on any planks or terrains. dont expect me to agree with your opinion just because its there. you can take your opinions and shove em up your ass cuz i have my own and dont need yours. i will undoubtedly contradict myself over thre course of time so dont point out my "errors" because there all correct. any of this os apt to change at any given time without anynotice. dont ever patronize me.this is mine. take it all at face value cuz its all frec. bring me a coupon and you'll get another one.

im not trying to write any of this to piss people off. i could care less about your feelings, i dont know you im going throuhg gross amounts of problems with my girlfriend this sec-ond. any relation ship has problems. her fucking parents are further complicating our relationship. i'm not gonna abberate on this at all cuz its none your business but my point is that relationships are fucking stupid. I know tis has been said by lots of people before but i mean relationships on any level. whether it be friends lovers parents or any more connections emotionally or otherwise with people. i constantly am baffled by the energy that is taken out of my life by emotional kinesis that i expose and express to people around me. people are horribly selfish, ugly beings thatin actuality have no concept of love at all. people are a great mass of uselessness that arc a constant milignant disease on our earth and all other species. i hate humanity, and hu-

mankind. humans actually have to be the single most ignomitable beings on the planet. we fruitlessly spend time on worthless endeavors that are gonna kill us all in the end. Not to mention the selfishness it takes to wanna take animals and the environment with us down this great fiery hole. it constantly amazes me at how goddamn stupid people are. for instance eating meat, people consistently, the major-meat knowing full and hazardous not to men-animals. i detest that. "oh, even though this is lies and its mean and it i'll do it anyway." its reading this and you idiot. you deserve no less than a torturous death brought upon you by a cancerous torture and morose pain, its overtly obvious that eating dead animals is incredibly fucked up to your body and to living things. im making a statement that if you eat meat, please on my behalf hang yourself, shoot yourself, bludgeon yourself to death with a brick. just go vegan or kill your self cuz yr worthless. if you are vegan id like for you to go and get a butcher knife hack up the ones that eat meat and invite me over for supper. because this is my world. and we follow my dictatorial laws. anyways, you know i dont get a damn thing for writing this column except a free issue. i propagandize Free Thoughts all over the globe but all i get is a slot in this zine. if the editor changes a single word im writing than i want his head on plate. i love you but dont change a single letter because i know exactly what im doing. so im done venting, if i pissed anyone off than good i'm getting my point across do the things i say rymn or is it just me? maybe im just incredibly articulate. anyway hail the goat, preach hypocrisy, peace thru addiction, write me letters and answer all my questions, also send me free tapes. mike/ 8529 kessler/ op, ks 66212



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# TUNES!

by Justin

One of the things that has been a problem for many years now is at an all time high. It could possibly be the biggest problem for the wichita scene. BANDS. wichita has no punk bands, shows, records shops, whatever. we need musicians. we people who can rip up some brick throwing, head smashing, fucking punk rock! Right?!? I think so. At this moment in time I'm playing drums and looking for a guitar player to come over and jam but im having a mighty difficult time finding one. Hopefully by the time this issue is out i ll have found one. but we seriously need to get some bands going here. I am encouraging everyone who know s how to play an instrument to get a band going. Also one other thing that needs to happen is that people need to buy some records from me. I know I haven't advertised them well but i'm stocking up on 7"s to sell so please look for me at shows or even call and arrange a time to stop by. You can all so write for the list to mailorder them. Im doin g this because I know how hard it is to get good records around here. I lived here for years when it was impossible to get any descent music around here and now i'm making it possible for you so get in touch and take advantage of it.

